

CREATE MY GARDEN

Quickstart into Seasonal Planning Bootcamp



LET US WALK YOU THROUGH
GARDENING STEP BY STEP WITH
SUPPORT

WWW.CREATEMYGARDEN.NET



WELCOME TO SEASONAL PLANNING BOOTCAMP!

Welcome to the Seasonal Gardening 3-Session Bootcamp! We're thrilled to have you join us on this journey to deepen your knowledge and skills in seasonal gardening.

Over the next three sessions, we'll explore essential techniques and strategies to help you plan, plant, and nurture your garden throughout the year. Get ready to plan a thriving garden! Let's dig in and grow together! 🌱



"PLANTING A GARDEN IS A WAY OF SHOWING HOPE FOR THE
FUTURE, AS EVERY SEED SOWN CARRIES THE PROMISE OF A
BEAUTIFUL BLOOM." UNKNOWN

SEASONAL PLANNING BOOTCAMP

DAY 1

Seasonal Planning Essentials

- Understanding the Climate and Soil Needs for any season
- Importance of Proper Watering and Sunlight Exposure

Action Plan:

1. Map out the Sun & Shade in your garden at 9 a.m., 12 a.m., and 3 p.m.
2. Count how many hours of sun are is getting.
3. Do the evaluation of garden space.

COMPLETE

☐

DAY 2

Garden Planning Mastery

- Identifying Your Preferred Plants for each season
- Using the Average temperatures for each month to know when to plant

Action Plan:

1. Find your average high and low temperatures for each month and add to the chart.
2. Write down your favorite things to grow and add to the chart in the correct season.

COMPLETE

☐

DAY 3

Timing for Success

- Understanding the Best Time to Plant next season with frost dates
- With the information, put all the information together to make a planting plan

Action Plan:

1. Add frost dates to your calendar.
2. Use the Seasonal Planting plan to plan out your next season of what to grow.
3. Check out the next level of support.

COMPLETE

☐

SESSION 1: SEASONAL PLANNING ESSENTIALS

Welcome to Day 1 of our Gardening Success Bootcamp! Today, we'll dive into the essentials of seasonal planning to help you prepare for a successful gardening season.

Session Topics:

1. Understanding the Climate and Soil Needs for Any Season
2. Importance of Proper Watering and Sunlight Exposure
3. Using the simple gardening method to have the right environment to grow.



Simple Gardening Method

4-Step Process for Gardening Success

1

LOCATION! LOCATION! LOCATION!

- Check out the location of the sun to the garden space.
- Make sure that it gets 6 plus hours in the summer & 4 plus hours in the fall-winter-spring season
- Use containers, inground, vertical planters, or raised beds to create your garden.

2

SOIL

- Pick organic soil to use in your garden.
- Use organic compost to mix into the soil to add nutrients each time you plant something new
- Do a soil test once a year to see that it has all that it needs to grow food.

3

WATER CONSISTENTLY

- Consistent watering allows for plants to grow & produce.
- Forgetting to water creates a space of stress on the plant's roots
- Too much water makes it too difficult for the roots to bring nutrients
- Checking on a regular basis

4

PLANTING IN THE OPTIMAL SEASON

- Use the chart to determine the temperature & what season of planting you are in
- Place the plants for the different seasons on the yearlong chart to always know what you can add to your garden
- Then create a planting plan of what to plant & where

bonus

STAYING CONSISTENT

- Go outside & check your smoothie bar garden each day
- See if everything has consistent water
- Look for insects that might be attacking & wash off with water or pluck to get rid of
- Harvest weekly to keep plant growth continual

FINDING THE RIGHT GARDEN LOCATION

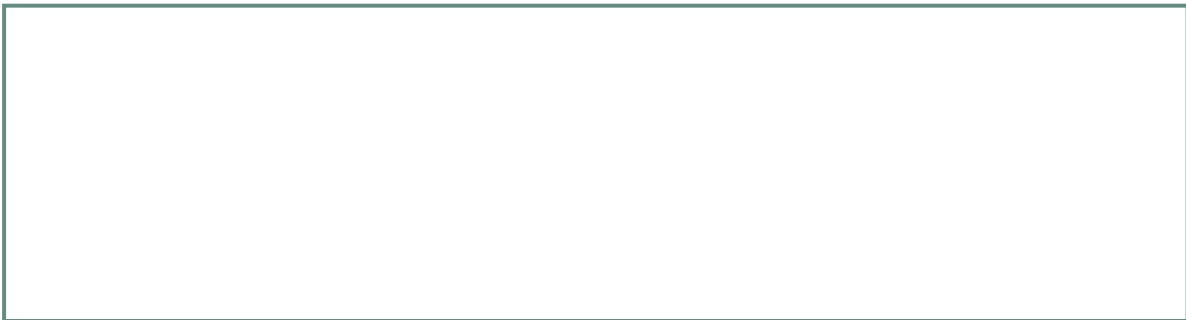
Map out the sun @ 9 am, 12 pm, & 3 pm

Mapping out your yard or patio at 9 am, 12 pm, & 3 pm. for each growing season helps you to see how much sun is getting to your plants.



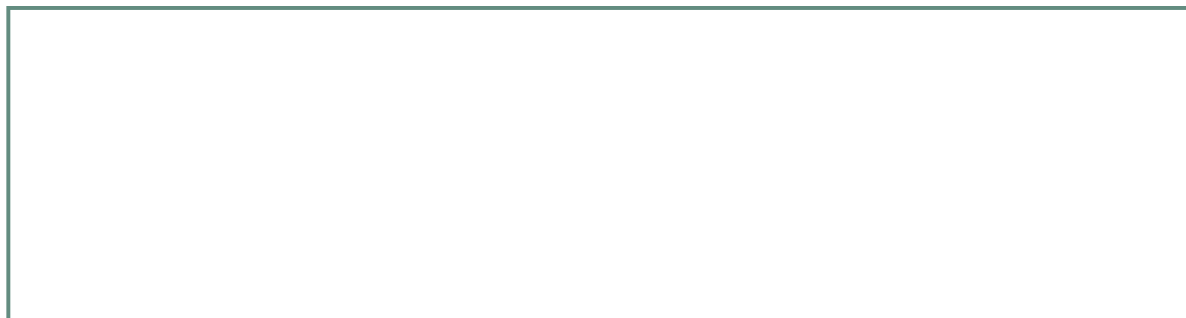
Find the direction your garden or future garden is facing.

South-facing gardens get the most sun. A compass helps with this. Try to place your garden so that in through the seasons it will get as much sun exposure as possible.



Accessibility to the Kitchen

Having a location that is easy to get too from the living area and is seen will make going out to the garden easier. A reminder to visit the garden.



EVALUATE YOUR SET UP:

Use this form to think about what you have that is successful for a present or future garden and what you need to do to create an environment for success in the garden.

LOCATION:

☐ 6-8 hours of sun ☐ Close to kitchen ☐ space to garden

SOIL:

☐ Soil test needed ☐ Amendments ☐ Add layer of compost

WATERING:

☐ Check soil weekly ☐ Adjust to match season ☐ Set up on timer if possible

SPACE TO GROW:

☐ Evaluate what you have ☐ Make a plan to add more ☐ Move location if not enough sun

KNOW WHAT TO PLANT EACH SEASON:

☐ Seasons by temperatures ☐ Add Frost Dates ☐ Add crops to seasonal calendar

SESSION 2: GARDEN PLANNING MASTERY

Welcome back to Day 2 of our Garden Planning for your Next Season Bootcamp! Today, we'll focus on mastering garden planning to ensure you choose the right plants and plant them at the optimal time.

Session Topics:

1. Identifying Your Preferred Plants for Each Season
2. Using Average Temperatures for Each Month to Know When to Plant





MONTH

MONTHLY PLANNER

MON

TUES

WED

THUR

FRI

SAT

SUN

NOTES

KNOW YOUR SEASON

Use the high and low temperatures in your area to know when to plant for each season throughout the year.

Month	LOW	HIGH	FROST DATES	SEASON
Jan.				
Feb.				
March				
April				
May				
June				
July				
August				
Sept.				
October				
Nov.				
Dec.				

WHAT TO PLANT EACH SEASON

Use this chart to know what to plant in each season.

Cool Crops (Spring/Fall) 35-75 degrees

Warm Crops (Summer) 65-80 degrees

Hot Crops (Summer) 85 degrees & hotter

DIRECT SOW- DS

START INDOORS-SI

BOTH DS & SI

	SPRING GARDEN (COOL)	SUMMER GARDEN (WARM/HOT)	FALL GARDEN (COOL)
Large Sized Plants	• Kale (Both) • Broccoli (SI) • Cauliflower (SI) • Cabbage (SI)	• Tomato (SI) • Squash (summer & winter) (DS) • Okra (DS) • Tomatillos (DS) • Melons (DS) • Watermelon (DS) • 6-8 Pole beans together (DS)	• Kale (Both) • Broccoli (SI) • Cauliflower (SI) • Cabbage (SI)
Medium Sized Plants	• Bok Choy (Both) • Chinese Greens (Both) • Chard (Both) • Celery (SI) • Herbs (SI)	• Cucumbers (DS) • Eggplants (SI) • Peppers (SI)	• Bok Choy (Both) • Chinese Greens (Both) • Chard (Both) • Celery (SI) • Herbs
small sized plants	• Spinach (DS) • Lettuces (DS) • Parsley (Both) • Green onions (SI) • Peas (DS) (SI) • Radishes (DS) • Beets (DS) • Carrots (DS)	• Parsley (Both) • Green onions (SI) • Onions (SI) • Thyme (trimmed) (SI) • Pole beans (DS) • Bush beans (DS) • Arugula (DS)	• Spinach (DS) • Lettuces (DS) • Parsley (Both) • Green onions (SI) • Peas (DS) • Radishes (DS) • Beets (DS) • Carrots (DS)

WHAT DO I LOVE TO EAT?

Use this space to write down veggies and fruits that you really want to grow. Use the chart of what grows in the different seasons to know what you can grow each season.

What you like to eat is what you should grow. As you start to be successful with one crop, one season, you will feel more confident to try more seasons and new crops. Start with what you enjoy and then expand from there with each new season.

SPRING	SUMMER	FALL

SESSION 3: TIMING FOR SUCCESS

Welcome, everyone, to the final session of our Planning for the Next Season of Gardening Bootcamp! Today, we'll discuss the critical aspect of timing for success in gardening and how to create a planting plan to grow more food year-round.

Session Topics:

1. Understanding the Best Time to Plant Next Season with Frost Dates
2. Putting It All Together: Creating Your Planting Plan



WHEN TO PLANT

Understanding frost dates is crucial for successful garden planning. By knowing the average dates of the first and last frosts in your area, you can determine the best times to start and end your growing season. This information helps you select appropriate crops, plan planting schedules, and protect tender plants from frost damage.

WHEN IS THE AVERAGE DATE OF THE FIRST FROST IN YOUR REGION IF YOU HAVE A FROST? COUNT 6-8 WEEKS BEFORE & ADD PLANT DATE TO CALENDAR.

WHAT IS THE TYPICAL DATE OF THE LAST FROST IN YOUR AREA IF YOU HAVE A FROST? COUNT 6-8 WEEKS BEFORE AND ADD PLANT DATE TO CALENDAR.

KEEP TRACK OF THESE DATES AND ADJUSTMENTS IN YOUR SEASONAL CALENDAR TO OPTIMIZE YOUR GARDENING SUCCESS.

CREATING PLANTING PLAN

Discover the secrets to a thriving garden with this tailored planting plan system. Building upon the knowledge gained in the last three days, write down the steps that you have completed and what still needs to be done to plan for your next garden season.

How well have you implemented the key components of the Simple Gardening Method, such as ensuring your garden receives 6-8 hours of direct sunlight, maintaining healthy soil, and establishing a watering system or habit?

Do you know the average high and low temperatures for each season in your region? Did you write it down in the seasonal calendar?

Are you aware of the frost dates in your area and how they affect your planting schedule? Did you write 6-8 weeks before last frost for a planting date and 6-8 weeks before first frost for a planting date on the seasonal calendar from session 2?

3 STEP PROCESS

Follow this 3-Step Process to know when to plant your garden all year and what plants will thrive for each season.

My Garden Master Plan

4-Step Process for Gardening Success

- 1 LOCATION! LOCATION! LOCATION!**
 - Check out the location of the sun to the garden space.
 - Make sure that it gets 6+ hours in the summer & 4+ hours in the fall-winter-spring season.
 - Use containers, inground, vertical planters, or raised beds to create your garden.
- 2 SOIL**
 - Pick organic soil to use in your garden.
 - Use organic compost to mix into the soil to add nutrients each time you plant something new.
 - Do a soil test once a year to see that it has all that it needs to grow food.
- 3 WATER CONSISTENTLY**
 - Consistent watering allows for plants to grow & produce.
 - Forgetting to water creates a space of stress on the plant's roots.
 - Too much water makes it too difficult for the roots to bring nutrients.
 - Checking on a regular basis.
- 4 PLANTING IN THE OPTIMAL SEASON**
 - Use the chart to determine the temperature & what season of planting are in.
 - Place the plants for the different seasons on the year.
 - Know what you can add to your garden.
 - Create a planting plan of what to plant & when.

SET UP GARDEN

Assess your garden's location, ensuring it receives 6-8 hours of sunlight and has proper drainage. Check the soil quality and implement any necessary amendments for optimal plant growth.

STEP 1

Know Your Season

Use the high and low temperatures in your area to know when to plant for each season throughout the year.

Month	LOW	HIGH	FROST DATES	SEASON
Jan.				
Feb.				
March				
April				
May				
June				
July				
August				

Understanding Seasonal Temperatures

Research the average high and low temperatures for each season in your region. Match plants to these temperature ranges to ensure they thrive in your garden environment.

STEP 2

Know When to Plant Each Season

Use this chart to know what to plant in each season.

Cool Crops (Spring/Fall) 35-75 degrees
Warm Crops (Summer) 65-80 degrees
Hot Crops (Summer) 85 degrees & hotter

DIRECT SOW - DS
START INDOORS - SI
BOTH DS & SI

SPRING GARDEN (COOL)	SUMMER GARDEN (WARM/HOT)	FALL GARDEN (COOL)
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• Bok Choy (Both) • Chinese Greens (Both) • Chard (Both) • Celery (SI) • Herbs (SI)	• Cucumbers (DS) • Eggplants (SI) • Peppers (SI)	• Bok Choy (Both) • Chinese Greens (Both) • Chard (Both) • Celery (SI) • Herbs (SI)

Incorporating Frost Dates

Determine the average dates of the first and last frosts in your area. Use this information to schedule your planting and protect sensitive crops from frost damage.

STEP 3

WHAT TO DO NEXT?

USE THESE 3 PLANNING SESSIONS TO PROPEL YOU FORWARD IN GETTING YOUR GARDEN STARTED FOR THE NEXT SEASON AT THE RIGHT TIMING WITH THE RIGHT PLANTS.

WHAT DO YOU NEED TO SET UP YOUR GARDEN FOR SUCCESS?

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☐	
☐	
☐	
☐	

IDEAS FOR GARDEN:

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UNLOCK YOUR GREEN THUMB EACH MONTH WITH THE GREEN THUMB CLUB!



THIS IS YOUR GARDEN-GROWING LIFELINE.

Are you tired of scrolling through endless gardening blogs, trying to piece together the right advice for your garden? Look no further! Join us in the Monthly Green Thumb Club, where we take the guesswork out of gardening and help you grow your own food all year round.

LET'S GROW!

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CONTACT



Thanks for being here! And feel free to reach out so that you can be supported in your gardening journey.

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